



**SIMPLY FORMULATED  
TO DELIVER MORE.**

# SLEEP BENEFITS™ MELATONIN FREE

## Wake Up Refreshed Minus the Morning Grogginess\*

- Calms an agitated mind\*
- Helps you fall asleep faster\*
- Promotes deep sleep\*
- Offers a melatonin-free sleep solution\*
- Contains Maizinol®, which increases the deep, refreshing stage of sleep.\*
- Provides a highly bioavailable, clinically active form of ashwagandha.\*

More and more people who can't sleep are seeking melatonin alternatives as a way to get some restful slumber.\* That's why DaVinci® Laboratories created Sleep Benefits™ Melatonin Free, a powerful formula featuring ingredients like Maizinol®, clinically tested to increase the restorative stage of sleep.\* Shoden® and Suntheanine® team up with Maizinol® to help support falling asleep faster and sleeping longer and deeper.\* GABA and lemon balm round out this soothing formula.\* The result? You wake up feeling refreshed and ready to face the day without feeling groggy.\*

### Helps you to Fall Asleep Faster\*

Sleep Benefits™ Melatonin Free contains ingredients that calm racing minds and lead to tranquility.\* Maizinol® helps you sleep soundly.\* Shoden® ashwagandha promotes healthy levels of the stress hormone cortisol.\* Shoden® boasts superior absorption and effectiveness and can work fast to make you more relaxed and sleepy.\* L-theanine helps the body make calming amino acids, which leads to deep muscle relaxation and better sleep.\* Lemon balm also calms the mind and supports healthy cortisol levels.\*

### Sleep Longer and Deeper\*

The ingredients in Sleep Benefits™ Melatonin Free promote deep sleep.\* You'll take less time to fall asleep and sleep longer.\* You'll wake up more refreshed, rejuvenated, and in a better mood.\*

### Move Over Melatonin—There's a New Kid in Town

Melatonin can cause undesired effects in some people.\* Maizinol® is the ideal alternative because it lacks these concerns.\* Maizinol® is derived from corn leaves and is certified non-GMO. It enhances the deep sleep stage by binding to the same receptors as melatonin does.\* In addition to energy levels, this stage of sleep is important for brain function and memory.\* By enhancing this deep sleep stage, Maizinol® can make you feel more refreshed, energized, and productive.\* No more daytime naps required to get you through the day.\*

### Sleep Benefits™ Melatonin Free is Recommended For:

- Sleeping through the night.\*
- Waking up refreshed.\*
- Balancing the everyday stress response.\*
- Promoting daytime energy and mental clarity.\*
- Helping normalize the sleep-wake cycle, especially for night shift workers.
- Supporting metabolic, immune, and cardiovascular health through restorative sleep.\*

**Suggested Use:** As a dietary supplement, take 2 capsules before bedtime, or as directed by your healthcare practitioner.

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

Amount Per Serving	% Daily Value
GABA (Gamma-Aminobutyric Acid) 500 mg	*
Lemon Balm ( <i>Melissa officinalis</i> ) Leaf Extract 150 mg	*
Shoden® Ashwagandha ( <i>Withania somnifera</i> ) Extract 120 mg	*
L-Theanine (Suntheanine® Brand) 100 mg	*
Maizinol® Corn ( <i>Zea Mays</i> ) Leaf Extract 250 mg	*

\*Daily Value not established.

Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.

**Caution:** For occasional and/or intermittent use only. If you feel groggy, do not drive or operate machinery. Do not take with alcohol. Discontinue use 2 weeks prior to surgery.

VEGETARIAN / GLUTEN FREE / SOY FREE

**SHODEN®**

Shoden® is a registered trademark of Arjuna Natural Pvt. Ltd.

**Suntheanine®**

Suntheanine® is a registered trademark of Taiyo International, Inc.

**Maizinol®**

Maizinol® is a trademark owned by Unigen, Inc.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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