

ADIPO-LEPTIN BENEFITS™

Adipo-Leptin Benefits™ combines four ingredients (WellTrim® iG African Mango Seed Extract, Brown Seaweed, Green Coffee Bean Extract and Green Tea Extract) that work synergistically to help break through weight loss barriers.*

Adipo-Leptin Benefits™ supports:

- Thermogenesis*
- Metabolic hormones Leptin and Adiponectin*
- Appetite control*
- Healthy blood sugar levels and reduced cravings*
- Proper fat metabolism*

WellTrim® African Mango (Irvingia gabonensis)

African Mango (*Irvingia gabonensis*) is a fruit found and grown in West Africa. The extract derived from the seed has been shown to support weight management through appetite suppression and increased metabolic rate.* It works to support the enzyme glycerol-3-phosphate dehydrogenase, which is known to be a major factor in converting glucose to stored fat. It uses its unique properties to support the function of Leptin and Adiponectin, which help to reduce the conversion of complex carbs into sugars. Leptin and Adiponectin also support fat burning and hunger management.* WellTrim® iG is a trademarked and patented extract of *Irvingia gabonensis* that is a clinically proven ingredient that supports multi-functional weight management activity*.

Brown Seaweed

Brown Seaweed contains a carotenoid, fucoxanthin, that may serve as a thermogenic antioxidant, supporting healthy metabolism.* It appears that fucoxanthin is stored in fat cells and may support normal fat cell differentiation and proliferation.*

Green Coffee Bean Extract contains two important polyphenolic compounds- caffeic and chlorogenic acids. Caffeic acid provides a safe energy boost while being naturally low in caffeine.* Chlorogenic acid helps to slow the release of glucose into the bloodstream after a meal and reduce the absorption of dietary fat.* It also works to support the rate of body fat production by supporting favorable changes in the enzyme glucose-6-phosphatase, which in turn balances glucose production in the liver. Green Coffee Bean Extract supports free radical scavenging and supports metabolism in order to burn a higher proportion of lipids to carbohydrates.*

Greenselect® Green Tea Phytosome™

Greenselect® Green Tea Phytosome™ has been extensively studied for its antioxidant activity and for weight loss support.* A 20% increase of the antioxidative capacity was observed in volunteers treated with Greenselect® Phytosome™.*¹ GreenSelect® has also been studied with respect to its effects on body composition, in conjunction with diet and lifestyle changes. In both clinical trials, GreenSelect® exhibited beneficial activity regarding metabolic health markers.*^{2,3}

Suggested Use: As a dietary supplement, take 2 capsules daily, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Green Coffee Bean Extract 300 mg	*
Brown Seaweed (<i>Laminaria japonica</i>) Whole Plant Extract 200 mg	*
WellTrim® iG (IGOB131®) African Mango (<i>Irvingia gabonensis</i>) Seed Extract 150 mg	*
GreenSelect® Green Tea (<i>Camellia sinensis</i> Leaf Extract/ Phosphatidylcholine Complex) 150 mg	*

*Daily Value not established.

Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.



GreenSelect® & Phytosome™ are registered trademarks of Indena S.p.A., Italy. WellTrim® iG is a trademark of Icon Group, LLC. IGOB131® is a trademark of Gateway Health Alliances, Inc. and is protected under U.S. Patent 7,537,790.

¹Pietta, P., Simonetti, P., Gardana, C., Brusamolino, A., Morazzoni, P., & Bombardelli, E. (1998). Relationship between rate and extent of catechin absorption and plasma antioxidant status. *Life*. doi:10.1080/15216549800204442

²Greenselect Phytosome for Borderline Metabolic Syndrome. (n.d.). Retrieved from <http://www.hindawi.com/journals/ecam/2013/869061/>

³Menghi, A. B., Barreca, A., Lucarelli, M., & Calandrelli, A. (0). GreenSelect® Phytosome as an Adjunct to a Low-Calorie Diet for Treatment of Obesity: A Clinical Trial.

VEGETARIAN / GLUTEN FREE / SOY FREE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.