

SPM COMPLETE

SPM Complete for optimal health.

Research indicates that omega-3 fatty acids are excellent for brain, eye, and cardiovascular health and are shown to beneficially influence inflammatory response. Fat soluble vitamins A and D play key roles in immune activity, including support for white blood cell function and immune self-regulation. The nature made combination of omega-3 fatty acids and natural form vitamins A and D will benefit people at every stage of life.*

The Bering Select NutraSolve3 is the only cod oil in the world that has maintained the full spectrum of nutrients including a high omega-3 fatty acid composition rich in balance of EPA and DHA along with DPA, along with the complete family of natural vitamin A and D factors, and the preservation of the sensitive Proresolving Mediators (PRMs) and their Specialized Proresolving Mediator metabolites (SPMs).

The PRMs and SPMs have only recently been discovered by Dr. Charles Serhan, the Simon Gelman Professor of Anaesthesia, Perioperative and Pain Medicine (Biochemistry and Molecular Pharmacology) at Harvard Medical School and Professor of Oral Medicine, Infection and Immunity of Harvard School of Dental Medicine, Harvard University, as being of significant importance in supporting proper immune defense and response to inflammation.*

They have been found to support healthy intestinal, immune and neurological function.* The type of PRMs and SPMs and their amount in NutraSolve3 has been found to be very similar to that found in mother's breast milk. It appears that specific PRMs and SPMs are produced by the immune system of the body to help balance its function, and therefore the structure of the types of these substances and their amounts are being recognized as important for the maintenance of good health.*

Suggested Use: As a dietary supplement, take 1 softgel daily, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 60

| Amount Per Serving | % Daily Value |
|---|---------------|
| Calories 10 | |
| Total Fat 1 g | 1%† |
| Cholesterol 5 mg | 2%† |
| Vitamin A (100% naturally occurring from CLO) 180 mcg | 20% |
| Vitamin D (100% naturally occurring from CLO) 1 mcg (40 IU) | 5% |
| Alaskan Cod Liver Oil 1000 mg | * |
| Total Omega-3 Fatty Acids 240 mg | * |
| Eicosapentaenoic Acid (EPA) 100 mg | * |
| Docosahexaenoic Acid (DHA) 80 mg | * |
| Docosapentaenoic Acid (DPA) 10 mg | * |
| Pro-resolving mediators (including 14-HDHA, 17-HDHA and 18-HEPE) 20 mcg | * |

†Percent Daily Values are based on a 2,000-calorie diet.
*Daily Value not established

Other Ingredients: Capsule Shell (gelatin, glycerin, purified water), natural mixed tocopherols.

Contains: Fish (Cod).

TRACEABILITY, SUSTAINABILITY

- Full transparency of time, location, and vessel used to harvest raw material
- Catch is immediately processed on board fishing vessel for maximum freshness
- Crude oil rendered at Bering Select's state-of-the-art facility in Dutch Harbor, Alaska
- Minimally processed to preserve natural nutrient profile
- Anisidine, and totox levels 70% below industry standards

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Attribute Comparison: Fish oil 50%, Atlantic CLO, Nutrasolve3™

| Benefit | Fish oil (50%) | Atlantic CLO | Nutrasolve3™ |
|---|----------------|--------------|--------------|
| Compositional Elements | | | |
| EPA/DHA | ✓ | ✓ | ✓ |
| 2% DPA | ? | ? | ✓ |
| Natural Form Vitamin D | X | ? | ✓ |
| Natural Form Vitamin A | X | ? | ✓ |
| Preresolving Mediators (PRM) | X | ? | ✓ |
| Specialized Pro Resolving Mediators (SPMs) | ? | ? | ✓ |
| Nature Identical | X | ? | ✓ |
| Minimally Processed | X | ? | ✓ |
| Catch is Immediately Frozen | X | X | ✓ |
| Anisidine and Totox Levels 70% Below Industry Standards | ? | ? | ✓ |
| Environmental Considerations | | | |
| Marine Stewardship Council Certified | ? | ? | ✓ |
| Non-GMO Project Certified | X | X | ✓ |
| Traceable to Time, Date, Location of Catch | X | ? | ✓ |
| Line Caught | X | ? | ✓ |
| Sourced and Processed in Alaska | ? | X | ✓ |
| Supports Native Communities | ? | ? | ✓ |
| Environmentally Friendly Production | ? | ? | ✓ |
| Made in the USA | ? | X | ✓ |