

RELORA WITH BACOPA

Support Stress Management, Appetite Control and a Balanced Mood*

Relora[®] with Bacopa is a unique formula that combines the adaptogenic and neurotonic benefits of Bacopa standardized extract with Relora[®], a proprietary blend of herbal extracts to support a sense of calm.*

Relora[®] with Bacopa:

- Helps to stabilize levels of the stress hormone cortisol*
- Supports neurotransmitters that optimize mood*
- Works to regulate melatonin, a hormone that regulates sleep*
- Helps to manage stress-related challenges such as irritability, emotional ups and downs, restlessness, tense muscles, poor sleep and concentration difficulties*
- Shown to reduce stress related cravings for carbohydrates*

About the Ingredients

Relora[®] is an advanced natural and patented combination of magnolia and phellodendron extracts to help support normal levels of the Cortisol and DHEA hormones produced by the body to promote the management of stress.* It works by binding to stress receptors in the nervous system to promote relaxation and feelings of well being while ignoring the receptors associated with sedation.*

Bacopa monnieri has been used in the Ayurvedic system for centuries. Traditionally, it was used as a brain tonic to enhance memory development, learning and concentration.* The constituents responsible for Bacopa's cognitive effects are bacosides.*

Bacosides aid in repair of neurons by enhancing kinase activity, neuronal synthesis, and restoration of synaptic activity, and nerve impulse transmission.* They also have free-radical fighting activity.*

Relora[®] with Bacopa is designed for stress and stress-related eating.* It should be used as an adjunct to an exercise and diet program.

Relora[®] with Bacopa supports weight management for those who experience stress.* Excessive stress can lead to food cravings and increased fat, particularly in the belly. **Relora[®] with Bacopa** supports a less stressed state while encouraging memory and concentration.*

Relora[®] with Bacopa is vegetarian and gluten free.

Suggested Use: As a dietary supplement, take 1 capsule, twice daily with food, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	% Daily Value
Relora [®] (a proprietary blend of a patented extract from <i>Magnolia officinalis</i> bark and <i>Phellodendron amurense</i> bark extract) 375 mg *	
<i>Bacopa monnieri</i> Leaf Extract 100 mg	*
yielding Bacosides 20 mg	*

*Daily value not established.

Other ingredients: vegetable cellulose, microcrystalline cellulose, vegetarian leucine.

Warning: Do not take if pregnant or lactating. Do not take if currently taking any prescription medication or receiving medical treatment without consulting your healthcare practitioner.

Caution: Relora[®] may cause drowsiness; use caution in operating automobiles and heavy machinery. Do not take with alcohol as drowsiness can increase. Discontinue use 2 weeks prior to surgery.



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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