

# VITAMIN D3 1,000 IU

## Basic Vitamin D Support for Overall Good Health\*

- 1,000 IU helps maintain vitamin D levels already in the normal ranges\*
- Helps keep the immune system healthy\*
- Helps maintain cardiovascular health\*
- Promotes healthy bones\*
- Sharpens the mind\*

Are you getting enough vitamin D? Probably not, if you stay inside during peak daylight hours or if you use suntan lotion. Elderly folks and people with a higher body mass index also have a harder time absorbing enough vitamin D from the sun, which can leave them deficient in a vitamin that's crucial to bone health, immunity, cardio health, and cognitive function.\* Vitamin D deficiency is common and the problem only gets worse in the winter, unless you're taking vitamin D supplements or you live in the tropics.\* Vitamin D3 1,000 IU from DaVinci<sup>®</sup> Laboratories provides a maintenance dose for people who already have normal levels of vitamin D, or those who get additional vitamin D from other dietary supplements, such as multivitamins.\*

### Fortifying the Immune System\*

Vitamin D supports immune health by powering up immune cells like T-cells and macrophages.\* Its receptors are found in every single immune system cell, and it keeps the respiratory tract healthy.\* The result? Healthy vitamin D levels that can help defend against seasonal challenges.\*

### Aids in Maintaining Cardio Function\*

Vitamin D is one of your cardiovascular system's best friends.\* It helps to maintain blood pressure within normal ranges and supports healthy vascular function.\* Healthy vitamin D levels give you peace of mind that you're supporting your heart health.\*

### Helps Keep Bones Strong\*

Vitamin D is involved in calcium balance, so it's not surprising it's important for bone growth.\* It also aids in maintaining bone density and helps the body absorb phosphorus, another important nutrient tied to bone health.\* Strong bones mean you're more likely to stay active and maintain your independence as you get older.\*

## Sharpening the Brain\*

Maintaining healthy vitamin D levels is linked to better cognitive function during aging.\* Vitamin D is important for brain function, including learning and memory, so you'll stay more focused throughout your senior years.\*

### Vitamin D3 1,000 IU is recommended for:\*

- Helping maintain vitamin D levels already in the normal ranges\*
- Conservative vitamin D support as part of a comprehensive nutritional program
- People who don't get out in the sun\*
- Elderly people\*
- Promoting immunity, heart health, brain function, and bone health\*

**Suggested Use:** As a dietary supplement, take 1 tablet daily, or as directed by your healthcare practitioner.

## Supplement Facts

Serving Size 1 Tablet

Servings Per Container 250

**Amount Per Serving**

**% Daily Value**

Vitamin D3

(as Cholecalciferol) 25 mcg (1,000 IU) 125%

Other ingredients: microcrystalline cellulose, dicalcium phosphate, silicon dioxide, vegetable stearate, croscarmellose sodium.

**Warning:** Do not take if pregnant, nursing or planning to become pregnant. If you have any pre-existing conditions or are taking any medications consult your healthcare practitioner before using. Individuals taking more than 50 mcg (2,000 IU) per day should have their vitamin D levels monitored.

GLUTEN FREE

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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