

VITAMIN D3 1,000 IU

A dietary supplement to promote the body's absorption of calcium and phosphorous, which are essential for the development and maintenance of healthy teeth and bones.*

New research suggests that it may support immune system function by supporting healthy cell growth.*

Supports:

- Bone Health*
- Calcium Balance*
- Cardiovascular Function*
- Healthy Cell Growth*
- Immune System Modulation*

About Vitamin D:

- Vitamin D is a fat-soluble vitamin that is essential for maintaining normal calcium metabolism. Vitamin D3 (cholecalciferol) can be synthesized by humans in the skin upon exposure to ultraviolet-B (UVB) radiation from sunlight, or it can be obtained from the diet.

Calcium Balance:

- Maintenance of serum calcium levels within a normal range is vital for normal functioning of the nervous system, as well as for bone growth, and maintenance of bone density. Vitamin D is essential for the efficient utilization of calcium by the body.

Cardiovascular Support:

- Adequate vitamin D levels may be important for maintaining blood pressure within normal ranges.* Vitamin D also impacts heart health by supporting the body's natural cytokine production and vascular function*

Cell Differentiation:

- Cellular proliferation is essential for growth and wound healing. Uncontrolled proliferation of damaged cells is unhealthy. Vitamin D inhibits uncontrolled proliferation and stimulates differentiation, which is the process of specializing cells for specific healthy functions.*

Immunity:

- Vitamin D is an immune system modulator by supporting healthy T Cell and macrophage responses.*

Suggested Use: As a dietary supplement, take 1 tablet daily, or as directed by your healthcare practitioner.

Supplement Facts	
Serving Size 1 Tablet	
Servings Per Container 250	
Amount Per Serving	% Daily Value
Vitamin D3 (as Cholecalciferol) 25 mcg (1,000 IU) 125%	

Other ingredients: microcrystalline cellulose, dicalcium phosphate, silicon dioxide, vegetable stearate, croscarmellose sodium.

Warning: Individuals taking more than 2,000 IU per day should have their vitamin D levels monitored. If pregnant or nursing, consult your healthcare practitioner before taking this product.

GLUTEN FREE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.