

NIACINAMIDE

Energy Production & Immune Support*

Energy production and immune function are two key areas that need to be in tip top shape for optimal health. And one of the key components to each of these is Vitamin B3, or niacinamide.

Niacinamide is a water soluble B vitamin that is most well known for its role in energy production, most notably for its contribution to NAD, a compound in the body essential for proper mitochondrial function, cellular signaling and repair.*

The cellular signaling pathways that NAD plays a role in involve DNA repair and cellular stress adaptation. These are incredibly important in the aging process. In fact, it has also been found that there is a direct correlation between NAD levels, healthy aging and various system protection.*

Vitamin B3 For Immunity*

A lesser known but equally as important role that niacinamide plays in the body relates to the immune system. While the exact mechanics behind how niacinamide has such an impact on the immune systems have not been fully identified, there are a number of theories, many of which have been well documented.* One such documented evidence, a recent February 2020 article published in Journal of Medical Virology, highlights the application of Vitamin B3 and its ability to support the immune system when challenged.*

Specifically, the point being outlined is that Vitamin B3 has the potential to support the gene involved in the production of specialized immune cells called neutrophils which serve as the some of the first responders when presented with immune challenges.* So this nutrient sets the stage for the immune system to function fully and mobilize the white blood cells when they are needed the most.*

Suggested Use: As a dietary supplement, adults take 1 capsule daily, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 100

Amount Per Serving	% Daily Value
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Niacin (as Niacinamide) 500 mg	3125%
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Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

VEGETARIAN / GLUTEN FREE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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