

VEGAN PROTEIN

Vegan protein blend of Pea, Flax and Hemp with added probiotic support.*

Vegan Protein is:

- Comprised of three rich protein sources
- Gluten & Soy Free
- A plant based alternative source of protein
- Vegetarian and easily digested by people of all ages*
- Features 1 billion CFU of a stable probiotic
- Easy to mix, which makes it great for smoothies
- Smooth in texture so that it does not leave behind mouth "grit"

Vegan Protein is recommended for:

- Vegetarian diets or carb-restrictive meal plans (low fat and cholesterol diets)*
- People with sensitivities to soy, whey and/or animal proteins
- Weight, normal cholesterol and blood sugar support *
- Sports nutrition and body building because it helps deliver a steady supply of protein to the muscles*
- Additional support for muscle and tissue repair*
- People looking to support their health with supplemental benefits*
- Elderly
- People looking to support their weight management
- Protein deficient people

Vegan Protein is comprised of a natural Pea Protein Isolate lending a high level of nourishment along with clinical functionality for a broad range of applications.* The blend of Flax and Hemp lend to the high degree of bioavailability inherent to this formula.* This great tasting protein powder is rounded out with a stable probiotic to aid in digestive support.*

Pea Protein on its own has demonstrated many benefits relating to metabolic hormones, glucose support, cardiovascular health and muscle tissue.* A 2015 study demonstrated that pea protein initiated ghrelin and insulin responses comparable to whey protein when studied for its effect on metabolism.* Its ability to support glucose uptake was also demonstrated when pea protein was introduced during a study looking at food intake and appetite.* While it had no significant impact on appetite or intake, the pea protein group exhibited lower blood glucose levels than the control (Food Nutr Res. 2015 Apr 13;59:25622.).*

Flax Seed harnesses the power to support antioxidant activity as well as healthy lipid balance, specifically LDL and triglycerides (Atherosclerosis. 2005 Apr;179(2):269-75).* Lignan, the primary polyphenol found in flax, has a direct impact on platelet activating factor, which results in healthy levels of free radical production. (Circulation. 1999 Mar 16;99(10):1355-62).*

Hemp is considered by many to be a 'perfect' protein source. It is similar to flax seed in that it contains fiber, minerals and free-radical fighting properties. In addition to having the potential to support cardiovascular health and glucose utilization, it also supports immune function.* Hemp contains the globular protein edestin, which helps drive antibody production, vital for an optimized immune system.*

The combination of these proteins, with their inherent capability to support numerous key systems in the body, along with a stable probiotic, which also can support various systems, makes this formula a stand out foundational product for those looking to support their health and wellness*

Suggested Use: As a dietary supplement, mix 29.8 g (approximately 1 scoop) daily in 6-8 ounces of water, milk substitute or your favorite beverage, or use as directed by your healthcare practitioner. For best results, serve cold and use a shaker or blender.

Supplement Facts

Serving Size 27 g (Approx. 1 Scoop)
Servings Per Container 15 or 30

Amount Per Serving	% Daily Value
Calories 110	
Total Fat 3 g	4%†
Saturated Fat 0.5 g	3%†
Sodium 170 mg	7%
Total Carbohydrates 1 g	<1%†
Dietary Fiber 1 g	4%†
Protein 19 g	38%†

Calcium 18 mg	1%
Iron 5.1 mg	28%
Potassium 20 mg	<1%

Pea Protein Isolate 22.25 g	*
Hemp Protein Powder 500 mg	*
Flax Seed Powder 1500 mg	*
Bacillus coagulans 1 Billion CFU	*
Stevia Leaf Extract 175 mg	*

†Percent Daily Values are based on a 2,000-calorie diet.
*Daily Value not established.

Other Ingredients: natural creamy vanilla flavor, guar gum, silica.

Typical amino acid profile per serving.***	
Isoleucine	0.9 g
Leucine	1.6 g
Lysine	1.4 g
Phenylalanine	1.0 g
Threonine	0.7 g
Valine	1.0 g
Histidine	0.5 g
Alanine	0.8 g
Arginine	1.6 g
Aspartic Acid	2.2 g
Glutamic Acid	3.2 g
Glycine	0.8 g
Proline	0.8 g
Serine	1.0 g
Tyrosine	0.7 g

***Typical amino acid values are an average representation of samples taken across the manufacturing process.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

VEGETARIAN / GLUTEN FREE / SOY FREE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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