

# DAILY BEST™ PRENATAL

**Daily Best™ Prenatal is a dietary supplement that supports:**

- Healthy pregnancy and lactation\*
- Methylated B vitamin levels\*
- Balanced gut bacteria w/ *Lactobacillus rhamnosus*\*
- Upper digestive function and nausea w/ Ginger Root Extract\*

Aside from compiling the most clinically relevant and nourishing nutrient profile for a pre and post-natal formula, our focus was heavily concentrated on convenience and compliance. Pregnancy is hard enough, and when ingesting a prenatal supplement becomes a monumental task because of either the size of the pills or the number of pills per serving, compliance goes down and both mother and child can suffer.\*

This 2 capsule formula boasts all of the most up-to-date forms of nutrients and is easily integrated into the daily routine of the new mother or mother-to-be.

**Methylated B Vitamins**

The role of folate has been solidified as an essential nutrient for an optimal pregnancy and healthy baby.\* The other B vitamins have also proven to be very important for many functions including the baby's neurological development.\* Daily Best Prenatal includes methylated B vitamins that are proving to be the gold standard when it comes to supplemental Bs. Methylated folate, is vital for a significant portion of the population, since some research suggests up to 30% of the population cannot metabolize un-methylated forms of synthetic folic acid.

**Iron Bis-Glycinate**

Iron is an important blood building nutrient for the baby as well as for the mother.\* Low iron levels mean that new blood cells will be unable to transport sufficient levels of oxygen to the fetus. Daily Best Prenatal contains a clinically significant level of iron in its bis-glycinate form. This form is said to have a higher utilization rate in the body compared to other forms commonly used.

**Digestive & Probiotic Support\***

This comprehensive formula contains both ginger root extract to support nausea as well as *Lactobacillus rhamnosus*, the probiotic species that has been shown to provide key immune and digestive support to both mom and baby.\*

**Blood Sugar Support\***

Both chromium, in the polynicotinate form, and inositol are leveraged in this formula for their ability to support normal insulin sensitivity and glucose metabolism.\*

**Suggested Use:** As a dietary supplement, take 2 capsules daily, or as directed by your healthcare practitioner.

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 30

Amount Per Serving	Adults & Children 4+ %DV	Pregnant & Lactating Women %DV
Vitamin A (as Beta Carotene & Retinyl Palmitate) 1,200 mcg	133%	92%
Vitamin C (as Ascorbic Acid) 60 mg	67%	50%
Vitamin D3 (as Cholecalciferol) 30 mcg (1,200 IU)	150%	200%
Vitamin E (as d-alpha tocopheryl succinate) 20.1 mg	134%	106%
Vitamin K1 (as Phytanadione) 80 mcg	67%	89%
Thiamin (as Thiamin HCl) 10 mg	833%	714%
Riboflavin 10 mg	769%	625%
Niacin (as Niacinamide) 20 mg	125%	111%
Vitamin B6 (as Pyridoxal-5-Phosphate) 15 mg	882%	750%
Folate (as as L-Methyltetrahydrofolate Calcium) 540 mcg DFE	135%	90%
Vitamin B12 (as Methylcobalamin) 100 mcg	4,167%	3,571%
Biotin 300 mcg	1,000%	857%
Pantothenic Acid (as Ca d-Pantothenate) 10 mg	200%	143%
Choline (as Choline Bitartrate) 25 mg	5%	5%
Calcium (as Calcium Citrate) 25 mg	2%	2%
Iron (as Ferrous Bisglycinate Chelate) (Ferrochel™) 18 mg	100%	67%
Iodine (from Kelp) 150 mcg	100%	52%
Magnesium (as Mg Oxide) 50 mg	12%	13%
Zinc (as Zn Citrate) 15 mg	136%	115%
Selenium (as Selenomethionine) 100 mcg	182%	143%
Copper (as Copper Bisglycinate Chelate) (TRAACS™) 1 mg	111%	77%
Manganese (as Manganese Bisglycinate Chelate) (TRAACS™) 2 mg	87%	77%
Chromium (as Cr Polynicotinate) 100 mcg	286%	222%
Molybdenum (as Molybdenum Glycinate Chelate) (TRAACS™) 75 mcg	167%	150%
<i>Lactobacillus rhamnosus</i> 200 mg	*	*
Ginger ( <i>Zingiber officinale</i> ) Root 4:1 Extract 50 mg	*	*
Inositol 10 mg	*	*
Vitamin K2 (as Menaquinone-7) 25 mcg	*	*

\*Daily Value not established.

Other Ingredients: vegetable cellulose (capsule), microcrystalline cellulose, vegetarian leucine.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

VEGETARIAN / GLUTEN FREE

**TRAACS™**

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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