

# SAW PALMETTO

**Saw Palmetto is a vegetarian dietary supplement to support proper prostate function.\***

## About Saw Palmetto

- Saw palmetto (also referred to as sabal or serenoa repens) is an evergreen palm that grows in the southeastern U.S.
- The berries of the plant are used medicinally.
- It has been used for centuries as a medicinal agent in urinary complications.
- Native American women historically used the Saw Palmetto for premenstrual needs and to support lactation.
- Today, it is commonly used in men suffering from benign prostatic hyperplasia (BPH) and Male-pattern hair loss.\*
- Saw Palmetto works well with zinc and essential fatty acids.

**Suggested Use:** As a dietary supplement, take 1 capsule daily with a meal, or as directed by your healthcare practitioner.

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 90

Amount Per Serving	% Daily Value
Saw Palmetto ( <i>Serenoa repens</i> ) Extract (berry) 320 mg	*
Yielding: Free fatty acids 80 mg	

\*Daily Value not established.

Other ingredients: vegetable cellulose, microcrystalline cellulose, vegetarian leucine, silica.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.

VEGETARIAN / GLUTEN FREE

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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