

# PYCNOGENOL<sup>®</sup>-50

- **A dietary supplement to support the immune system, vascular functions and skin health.\***

- **Recommended for:**

Recurrent or persistent skin or respiratory concerns\*  
Children and Adults who find it difficult to concentrate or focus\*  
Joint discomfort\*  
Skin and collagen health\*

- **Supports:**

Ability to focus\*  
Brain function\*  
Cellular integrity and functionality\*  
Circulation\*  
Histamine regulation\*  
Immune System function\*  
Joint Comfort\*  
Vascular integrity\*

- Pycnogenol<sup>®</sup> (Pine Bark Extract) is a source of proanthocyanidins (PCOs).

- PCOs are bioflavonoids, a group of water-soluble, low molecular weight plant substances with recognized antioxidant (free radical scavenging) properties. They have the ability to inhibit the activity of certain enzymes which cause pro-inflammatory reactions within the body.\* PCOs are unique because they are immediately bioavailable.

- In some comparative tests, Proanthocyanidins were found to be 50 times more potent than Vitamin E and 20 times more potent than Vitamin C as antioxidants.\* Free radicals are oxygen atoms which can badly damage cell structures leading to lowered immune response and vulnerability to numerous degenerative diseases. The PCOs in Pycnogenol<sup>®</sup> are able to perform within the cell membrane and neutralize both fat and water-soluble free radicals.\*

- PCO's are important to brain function, because they are one of the few dietary antioxidants that readily crosses the blood-brain barrier to directly support healthy brain cells, focus, concentration and memory.\*

- Proanthocyanidins help to prevent the release of histamine from mast cells thereby reducing the adverse effects of histamine.\*

- Proanthocyanidins support capillary strength.\* Weak capillaries can contribute to bruising, elastin and collagen dysfunction, excess fluid in tissues, and circulatory insufficiencies.
- Pycnogenol<sup>®</sup> also has the unique ability to bond to collagen fibers.\* It may support the inhibition of the natural enzymes your body makes that normally break down collagen.\* By restoring collagen, Pycnogenol<sup>®</sup> helps support flexibility of skin, joints, arteries, capillaries, and other tissues.\*

**Suggested Use:** As a dietary supplement, take 2 capsules with breakfast and 2 capsules with lunch for two weeks. Then take 2 capsules daily with your breakfast, or as directed by your healthcare practitioner.

## Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 15 or 30

Amount Per Serving	% Daily Value
Pycnogenol <sup>®</sup> French Maritime Pine Bark ( <i>Pinus maritima</i> ) Extract 100 mg	*

\* Daily Value not established.

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, vegetarian leucine, silica.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before using this or any nutritional product.

Pycnogenol<sup>®</sup> is a registered trademark of Horphag Research Ltd. Use of this product may be protected by one or more U.S. patents and other international patents.

VEGETARIAN / GLUTEN FREE

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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