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PRIVATE LABEL

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MAXI-BCAA

Maxi-BCAA represents the most comprehensive post-workout/recovery product on the market today.* In addition to a 4:1:1 ratio of BCAA's, this formula boasts 4 g of glutamine, 1 g of L-Citrulline and an electrolyte profile all in a great tasting raspberry lemonade powdered drink mix.

BCAAs (leucine, isoleucine, and valine), in particular leucine, have the potential to produce anabolic effects on protein metabolism by increasing the rate of protein synthesis and simultaneously decreasing the rate of protein degradation in skeletal muscle tissue. The ratio of BCAA's can vary from formula to formula and in this case the emphasis was placed on leucine primarily due to its role in providing metabolic support for insulin sensitivity.*

Many studies have indicated that exercise-induced blood ammonia elevation and blood lactate increments have been supported by L-citrulline supplementation. Further, citrulline may support the detoxification of ammonia via the urea cycle and also support healthy levels of additional glycolysis needed during exercise.*

L-glutamine is a mainstay in many workout products, specifically because of the role this amino acid plays in muscle recovery. The most notable mechanism is the impact it has on nitrogen balance, which is vital to building muscle mass and perhaps more importantly, muscle repair.*

SUPPLEMENT FACTS

Serving Size 1 Scoop (12.5 g)

Amount Per Serving

Calories	10
Total Carbohydrates	2 g
Sodium (as Na Citrate)	60 mg
Potassium (as K Chloride)	210 mg
Vitamin C (as Ascorbic Acid)	120 mg
Branched Chain Amino Acid Blend	4,500 mg
Containing:	
L-Leucine	3,000 mg
L-Isoleucine	750 mg
L-Valine	750 mg
L-Glutamine	4,000 mg
L-Citrulline Malate	1,000 mg
Stevia Leaf Extract	300 mg

Other Ingredients: Other Ingredients: pineapple juice powder, citric acid, silicon dioxide, lemon flavor, wild berry flavor, red cherry powder, Luo Han Guo (*Momordica grosvenori*) fruit extract.

Warning: Consult your healthcare practitioner before taking this product if you are pregnant, nursing, planning to become pregnant, if you have heart or liver disease, or if you are taking blood pressure medications or antidepressants. Do not take this product if you are taking medications for erectile dysfunction.



Suggested Use: As a dietary supplement, mix one scoop (12.5 g) with cold water or juice once daily or as directed by your healthcare provider.

Sold Exclusively Through Healthcare Practitioners.

020075G.030 (30 Servings)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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