

# TRI-MAG 300

## Three Forms of Magnesium, Many Benefits for Optimal Health\*

- Helps maintain a healthy heart and heart rhythm\*
- Supports blood sugar metabolism and blood pressure in the normal range\*
- Relaxes muscles\*
- Aids in strengthening bones and teeth\*
- Promotes healthy sleep\*
- Supports a positive mood\*

Over 325 chemical reactions in the body depend on the essential mineral, magnesium. Our cells couldn't produce energy without it. Magnesium supports healthy blood sugar already in the normal range, promotes a healthy heart rhythm, and normal blood pressure.\* Magnesium builds strong teeth and bones.\* It helps to support healthy sleep patterns, promotes muscle function, and helps maintain a happy mood.\* Yet, magnesium deficiency is common due to a number of risk factors.

### Who Is At Risk of Magnesium Deficiency?

Nearly everyone has at least one of these risk factors for low levels of magnesium:

- Eating processed foods, which have reduced magnesium levels
- Not eating enough magnesium-containing foods such as nuts, broccoli, brown rice, spinach, seeds, tofu, and whole grains
- Eating foods grown in magnesium-depleted soils
- Taking certain medications that interfere with magnesium absorption
- Eating sugary treats, which stop the body from absorbing enough magnesium
- Poor intestinal health

Not getting enough magnesium is linked to occasional sleeplessness, everyday stress, irritability, low energy, fluctuations in blood sugar metabolism and blood pressure, to name just a few of the ways low magnesium impacts health.\*

### Tri-Mag 300 Helps Boost Magnesium Levels\*

DaVinci<sup>®</sup> Laboratories Tri-Mag 300 nourishes the body with three easily absorbed forms of magnesium: taurinate, glycinate, and malate.\* The comprehensive formula provides three chelated forms of these minerals. Chelates are organic compounds attached to a mineral to enhance absorption. This makes for a powerful 300 milligram magnesium supplement that quickly delivers this crucial mineral to every tissue in the body.\*

### The Tri-Mag 300 Advantage

- Provides chelated forms of magnesium for enhanced absorption\*
- Contains three easily absorbable magnesium forms known for supporting the heart, bones, sleep, nerves, and a relaxed mood, as well as healthy blood sugar.\*

**Suggested Use:** As a dietary supplement, take four capsules daily. Daily amount may be divided between AM & PM, or as directed by your healthcare practitioner.

## Supplement Facts

Serving Size 4 Capsules  
Servings Per Container 30

Amount Per Serving	% Daily Value
Magnesium (Mg Taurinate Complex, Mg Glycinate Complex, Mg Malate) 300 mg	71%

Other ingredients: microcrystalline cellulose, hypromellose (capsule), vegetarian leucine.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.

VEGETARIAN / GLUTEN FREE / SOY FREE / NON-GMO

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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