

CARDIO BENEFITS™

A Comprehensive Blend of Heart-Healthy Nutrients*

- Helps keeps cardiac tissue healthy*
- Supports healthy homocysteine levels*
- Maintains the integrity of blood vessels*
- Helps promote smooth, clear blood flow*
- Contains the most active forms of B vitamins*

Help yourself live a longer, healthier, more active life with a heart that keeps going and going thanks to DaVinci® Laboratories Cardio Benefits™. * This formula uses ingredients like active B vitamins, coenzyme Q10, and carnitine that zero in on keeping the cardiovascular system healthy through your senior years.*

Support Healthy Cardiac Tissue*

Your heart is like a battery that keeps blood pumping to your body 24 hours a day. That's why heart cells need high levels of fuel, or ATP, the body's most important energy molecule.* Certain nutrients like CoQ10, carnitine, and magnesium are vital for keeping the heart loaded with energy.* Certain heart-health products can suppress the body's CoQ10 production, which is why CoQ10 is a favorite nutrient recommended by integrative cardiologists.*

Help Keep Blood Vessels Strong*

The magnesium in Cardio Benefits™ helps maintain smooth muscle function in blood vessels and supports normal blood pressure.* Vitamin K2 helps calcium bind to our bones where it belongs, instead of our vessels, to help the blood flow smoothly through clear vessels.* It's present in Cardio Benefits™ as MenaQ7®, a highly bioactive form of vitamin K2.* Vitamin D3 nourishes the cardiovascular system and works with K2 to absorb and deposit calcium in the right places.*

Balance Homocysteine*

Keeping levels of the amino acid homocysteine in check supports arterial health and supports blood flow.* Vitamin B12, folate, and vitamin B6 are known to help maintain healthy homocysteine levels.* Cardio Benefits™ uses an active form of B12 known as MecobalActive™ and an active folate known as L-Methyltetrahydrofolate that go right to work supporting healthy homocysteine.* The pyridoxal 5-phosphate form of vitamin B6 used in Cardio Benefits™ can be easily absorbed by the body.* Cardio Benefits™ also contains trimethylglycine (TMG), also called betaine. TMG supports balanced homocysteine and works together with the B vitamins in the formula to support methylation.*

Cardio Benefits™ is recommended for:

- Cardiovascular health*
- Supporting healthy blood pressure*
- Maintaining cholesterol in the normal range*
- Keeping blood vessels healthy and clear*
- Balancing homocysteine levels*
- Promoting a healthy, normal heart rhythm*

Suggested Use: As a dietary supplement, take 3 capsules daily, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin D3 (as Cholecalciferol) 25 mcg (1,000 IU)	125%
Vitamin B6 (as Pyridoxal 5-Phosphate) 30 mg	1,765%
Folate (as L-Methyltetrahydrofolate Calcium) 800 mcg DFE	200%
Vitamin B12 (as MecobalActive™) 1,000 mcg	41,667%
Magnesium (as Mg Citrate) 150 mg	36%
L-Carnitine 500 mg	*
Trimethylglycine (Betaine Anhydrous) 500 mg	*
Coenzyme Q10 200 mg	*
Vitamin K2 (as MenaQ7®) 150 mcg	*

*Daily Value not established.

Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Warning: Vitamin K2 may counteract the effects of anticoagulation therapy, and therefore is not recommended for patients on blood-thinning medications.

Caution: Discontinue use 2 weeks prior to surgery.

MenaQ7
Vitamin K2 as MK-7

MenaQ7® is a trademark of Nattopharma, Norway; Patented in the United States and Canada. US Patent Number: 8,354,129; Canada Patent Number: 2,347,387.

MecobalActive
The active form of B₁₂

MecobalActive™ is a trademark of INTERQUIM, S.A.

VEGETARIAN / GLUTEN FREE / SOY FREE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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