

NATURAL FLEX

A glucosamine sulfate and chondroitin -4- & -6- sulfate supplement to support joint and connective tissue functions.*

Natural Flex:

- Provides building blocks that help maintain structural integrity, flexibility and resiliency of connective tissues.*
- Supports joint hydration and cushioning by supporting the uptake of water into the cartilage matrix.*
- Contains nutrients that are naturally found in connective tissues like cartilage, tendons, ligaments, intervertebral discs, collagen, bone matrix and mucous membranes and are extremely safe to use.*
- Contains well researched ingredients that work together to support mobility and joint comfort.*
- Is an easy to swallow capsule.

Glucosamine is:

- Necessary for production of glycosaminoglycans (GAGs).*
- A building block for proteoglycans.*
- Moved quickly into the joint to support hydration and to maintain the thick gelatinous nature of the synovial fluid, give shape, elasticity and rigidity to connective tissues, and tissues in and around the joints and in between the vertebrae.*
- Provided in the sulfate form which provides a great source of sulfur for joint health.*

Chondroitin -4- and -6- Sulfates are:

- GAGs found in joint cartilage that aid in lubricating and rebuilding processes.
- Purified from Bovine Tracheal Cartilage which comes from U.S. pasture-fed cows that are hormone-free and certified BSE free.*
- Purified so they are more bioavailable and can be absorbed quickly into the joint where they are needed most.*

Vitamin C

- Is a powerful antioxidant that supports connective tissue health.*
- Supports the production of collagen.*
- Is essential for the growth and repair of all the tissues in the body.*

Manganese is an essential mineral that supports many enzyme controlled reactions. In fact, it is required for the enzyme glycosyltransferase, which is essential for the formation of collagen, GAGs, and proteoglycans that are all components of cartilage.* A lack of manganese can lead to inefficient production of GAGs in the joints.*

Suggested Use: As a dietary supplement, take one capsule, three times daily with a meal, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 90

Amount Per Serving	% Daily Value
Vitamin C (as Mn Ascorbate) 20 mg	22%
Manganese (as Mn Ascorbate) 4 mg	174%
Glucosamine Sulfate Sodium (from shrimp and crab) 500 mg	*
Chondroitin Sulfate 400 mg	*

* Daily Value not established.

Other ingredients: hypromellose (capsule), vegetarian leucine, silicon dioxide.

Contains: Shrimp and crab.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking any nutritional supplement.

GLUTEN FREE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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