

VITAMIN D3 5,000 IU

Moderate Vitamin D Support for Overall Good Health*

- 5,000 IU daily helps to reduce the risk of vitamin D deficiency*
- Helps keep the immune system healthy*
- Aids in maintaining cardiovascular health*
- Promotes healthy bones*
- Sharpens the mind*

Are you getting enough vitamin D? Probably not, if you stay inside during peak daylight hours or if you use suntan lotion. Elderly folks and people with a higher body mass index have a harder time absorbing enough vitamin D from the sun, which can leave them deficient in a vitamin that's crucial to bone health, immunity, cardio health, and cognitive function.* Vitamin D deficiency is common and the problem only gets worse in the winter, unless you're taking vitamin D supplements or you live in the tropics.* Vitamin D3 5,000 IU from DaVinci[®] Laboratories provides a moderate dose, ideal for people who have tested low in this important vitamin or who are at risk of vitamin D deficiency.*

Fortifying the Immune System*

Vitamin D supports immune health by powering up immune cells like T-cells and macrophages.* Its receptors are found in every single immune system cell, and it helps keep the respiratory tract healthy.* The result? Healthy vitamin D levels that can help defend against seasonal challenges.*

Aids in Maintaining Cardio Function*

Vitamin D is one of your cardiovascular system's best friends.* It helps to maintain blood pressure within normal ranges and supports healthy vascular function.* Healthy vitamin D levels give you peace of mind that you're supporting your heart health.*

Helps Keep Bones Strong*

Vitamin D is involved in calcium balance, so it's not surprising it's important for bone growth.* It also helps to maintain bone density and helps the body absorb phosphorus, another important nutrient tied to bone health.* Strong bones mean you're more likely to stay active and maintain your independence as you get older.*

Sharpening the Brain*

Maintaining healthy vitamin D levels is linked to better cognitive function during aging.* Vitamin D is important for brain function, including learning and memory, so you'll stay more focused throughout your senior years.*

Vitamin D3 5,000 IU is recommended for:*

- Moderate dosing of vitamin D3*
- Raising low vitamin D levels*
- People who don't get out in the sun*
- Elderly people*
- Helping maintain immunity, heart health, brain function, and bone health*

Suggested Use: As a dietary supplement, take 1 capsule daily, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 120

Amount Per Serving	% Daily Value
Vitamin D3	
(as cholecalciferol) 125 mcg (5,000 IU)	625%

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Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: Do not take if pregnant, nursing or planning to become pregnant. If you have any pre-existing conditions or are taking any medications consult your healthcare practitioner before using. Individuals taking more than 50 mcg (2,000 IU) per day should have their vitamin D levels monitored.

GLUTEN FREE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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