

INOSITOL + VITEX PLUS

Life-Long Support for Menstrual Regularity and Menopausal Health*

- Helps maintain a regular menstrual cycle*
- Supports testosterone levels*
- Promotes healthy blood sugar and insulin*
- Supports healthy ovaries*
- Support for mild mood and sleep changes*

Staying calm, cool, and collected and ready to take on everyday challenges is critical for today's woman. Whether you're a woman in her 30s who wants to start a family or a woman who wants hormonal support after menopause, **Inositol + Vitex Plus** by DaVinci[®] Laboratories was designed especially for you.* Its star ingredient is Chasteberry (*Vitex agnus castus*), a botanical that does double duty to support menstrual regularity and menopausal health.* Other heavy-hitter ingredients like inositol, chromium, alpha lipoic acid and CoQ10 join forces to help balance hormones and shore up ovarian health.*

Helps Maintain Menstrual Regularity*

Chasteberry in **Inositol + Vitex Plus** supports a regular menstrual cycle and may support fertility.* In addition, it can help to keep your mood happy and calm, especially during challenging times of the month.* It helps to decrease mild mood changes, cramps, and edema associated with the menstrual cycle.* Chasteberry accomplishes this by influencing levels of hormones involved in the menstrual cycle such as progesterone, prolactin, and estrogen.*

Supports Testosterone*

Excess testosterone can lead to features such as facial hair on women.* Inositol can help counteract excess testosterone levels.* Chasteberry in **Inositol + Vitex Plus** helps to maintain lower levels of testosterone by increasing the activity of aromatase, an enzyme that breaks down testosterone and changes it into estrogen.*

Support Ovarian and Metabolic Health*

Maintaining healthy insulin metabolism is key to supporting ovarian health and keeping your body sleek and slim.* Ingredients like inositol, chromium, and alpha-lipoic acid powerfully help regulate insulin and blood sugar activity and promote a healthy body weight.* Meanwhile, CoQ10 and ALA rejuvenate egg quality by nourishing mitochondria, the powerhouses of our cells.*

Improved Vitality at Any Age*

This unique formula from DaVinci[®] Laboratories optimizes blood sugar, promotes hormone balance, and supports mitochondrial health.* That makes it a valuable tool in supporting health before, during, and after menopause.* Better hormonal balance helps reduce mild and occasional irritability.* It supports energy levels and promotes a good night's rest.*

Inositol + Vitex Plus is recommended for:

- Menstrual cycle support*
- Cyclical breast tenderness*
- Emotional challenges during PMS or menopause*
- Fertility*
- Maintaining balanced hormones before, during, or after menopause*
- Mild physical discomfort with PMS*
- Ovarian health*

Suggested Use: As a dietary supplement, take 4 capsules daily, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Chromium	
(as Cr Polynicotinate)† 250 mcg	714%
Inositol (as Myo-inositol) 2,000 mg	
*	
Chasteberry (<i>Vitex agnus castus</i>)	
Fruit Extract 400 mg	*
Alpha Lipoic Acid 250 mg	
*	
Coenzyme Q10 100 mg	
*	

* Daily Value not established.

†ChromeMate[®] brand niacin-bound chromium.

Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: Do not take if pregnant, nursing or planning to become pregnant. If you have any pre-existing conditions or are taking any medications consult your healthcare practitioner before using.

CHROMEMATE[®]

ChromeMate[®] is a Registered Trademark of InterHealth N.I.

VEGETARIAN / GLUTEN FREE / SOY FREE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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