

# TONALIN<sup>®</sup>-CLA

## Stay Slim Without Losing Muscle\*

- Promotes healthy body weight\*
- Helps eliminate stubborn, age-related fat accumulation in the abdominal area\*
- Encourages a desirable physique by decreasing fat stores, yet increasing lean muscle\*
- Helps boost energy\*
- Maintains blood glucose, triglycerides and cholesterol within normal ranges\*

Conjugated linoleic acid (CLA) is a fatty acid found in meat and full-fat dairy products that's known for its ability to support healthy weight and lean muscle mass.\* The beneficial bacteria in your gastrointestinal tract, Lactobacillus rhamnosus, also produces CLA. Problem is, when you're trying to stay lean and slim you're probably not eating a lot of cheese and whole milk. Plus, if your gut microbiota is imbalanced due to factors like stress, antibiotics, or a less than ideal diet, your CLA levels will nosedive.\* That's why DaVinci® Laboratories offers Tonalin®-CLA, a special form of CLA that ensures you're getting enough of this nutrient.\* It's an ideal addition to any GLP-1-based weight management program and is free of the stimulants or filler ingredients sometimes found in body-sculpting supplements.\*

### Manage Your Weight While Toning Muscles\*

Tonalin<sup>®</sup> brand CLA helps the body metabolize existing fat deposits.\* Existing fat cells shrink and new fat cells are prevented from forming.\* This fat then returns to the blood stream where it is used as energy by muscle cells and the liver.\* Most weight loss approaches reduce not only fat mass, but muscle mass, leading to a slim appearance lacking in muscle tone. Tonalin<sup>®</sup>-CLA is a great way to reduce fat, while helping increase lean muscle mass at the same time.\*

### **Boost Your Energy\***

Tonalin<sup>®</sup>-CLA boosts metabolism and helps muscle cells break down fat to make energy more effectively.\* The energy boost combined with support for lean muscle mass makes CLA an ideal option for weight lifters and body builders.\* It's also a good choice for dieters who need to fuel their exercise and workouts at the gym.\*

### Helps Maintain Glucose Levels\*

Studies have shown that CLA supports blood glucose levels within normal ranges.\* CLA can promote healthy insulin levels and proper insulin sensitivity.\* Keeping blood sugar stable can support a healthy appetite, maintain weight, and curb carbohydrate cravings.\*

### Support Healthy Cholesterol and Triglycerides\*

Research also shows that CLA can keep cholesterol and triglycerides in the normal range.\* This means it's helpful for maintaining cardiovascular and metabolic health.\*

### Tonalin®-CLA is recommended for:\*

- Staying slim and toned\*
- Increased endurance during exercise\*
- Weight lifters and body builders\*
- Supporting lean body mass while dieting\*
- Maintaining a toned abdominal area\*
- Cardiometabolic health\*

**Suggested Use:** As a dietary supplement, take 1 softgel, 3 times daily with meals or as directed by your healthcare practitioner.

Supplement	Facts
Servings Per Container 90	
Amount Per Serving	% Daily Value
Calories 15	
Total Fat 1.5 g	2% †
Safflower Oil 1,000 mg * Yielding: (Tonalin® brand) CLA 800 mg	
<ul> <li>†Percent Daily Values are based on a 2,000 calorie diet.</li> <li>*Daily value not established.</li> </ul>	
Other ingredients: gelatin, vegetable glycerin, purified water, natural caramel color.	

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.



Tonalin®-CLA is an exclusively licensed product of BASF personal Care and Nutrition GmbH. Nutritional uses of Tonalin® licensed to BASF under U.S. Patent #5,428,072, 5,554,646 and 5,430,066.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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