

SUPREME OMEGA

- **A dietary supplement to support cardiovascular function and skin and hair health.***
- Supreme Omega is a blend of non-GMO natural oils from Borage Seed, Flax Seed and Fish that combines the health benefits of Omega 3, 6 and 9 fatty acids.* It is a comprehensive "multi" fatty acid supplement that is rich in ALA, GLA, EPA and DHA.*
- It provides a healthy balance of essential fatty acids that are critical to total body health. These fatty acids play a vital role in the structure of cell membranes, healthy hair and skin, and support cardiovascular, nerve, neurological and immune system functions.*
- It also provides the desirable ratio of Omega 3 to Omega 6 fatty acids for more efficient and beneficial prostaglandin production.*
- **Recommended for:**
 - Hair and skin health*
 - Support of blood pressure within normal ranges, vascular integrity and cardiovascular health*
 - Healthy nervous system and organ function*
 - Joint and bone health and comfort*
 - Gastrointestinal, respiratory, and immune system health*
 - Support of hormone balance within normal ranges*
- Supreme Omega is a rich source of Omega-6, including Linoleic Acid (LA) and Gamma Linolenic Acid (GLA), and Omega 3 containing Alpha Linolenic Acid (ALA), Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA), combined with Omega 9 (Oleic Acid).
- Daily supplementation with GLA, ALA, EPA and DHA is the best way to ensure that you receive the health-protecting benefits of fatty acids.*

Suggested Use: As a dietary supplement, take 1 softgel with food, 1-3 times daily or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 90

Amount Per Serving	% Daily Value
Calories 10	
Total Fat 1 g	2%†
Cholesterol 2 mg	1%†
Vitamin E (as d-alpha Tocopherol) 6.7 mg	45%
A proprietary blend of: Borage Seed Oil, Fish Oil, and Flax Seed Oil 1200 mg *	
yielding Alpha Linolenic Acid 178 mg Linoleic Acid 171.6 mg Oleic Acid 145 mg Gamma Linolenic Acid 72.8 mg EPA 120 mg DHA 80 mg	

†Percent Daily Values are based on a 2,000-calorie diet.

*Daily Value not established.

Other ingredients: gelatin, glycerin, purified water.

Contains: Fish Oil (anchovy, mackerel & sardines).

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

GLUTEN FREE / SOY FREE



Quality verified by IFOS™ (International Fish Oil Standards).
To obtain more information or test results visit www.ifosprogram.com.
IFOS™ is a Registered Trademark of Nutrasource Diagnostics Inc.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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