

# PERNA<sup>®</sup> PLUS

## Keep Doing What You Love to Do\*

- Helps keep joints comfortable\*
- Supports range of motion\*
- Supports joint flexibility\*
- Promotes collagen production\*
- Five powerful joint-health ingredients\*

DaVinci<sup>®</sup> Laboratories created Perna<sup>®</sup> Plus to keep you active and doing what you love to do.\* It contains five effective ingredients to support joint comfort and connective tissue function.\* Keep following your passions—with Perna<sup>®</sup> Plus, you'll have the nutritional tools to stay on your feet.\*

### Keep Your Joints Flexible

Perna<sup>®</sup> Plus bundles together the powerful joint health benefits of Perna<sup>®</sup>, glucosamine, methylsulfonylmethane (MSM), dimethylglycine (DMG), and manganese. One of its star ingredients is Perna canaliculus, an edible species of shellfish from New Zealand. Perna lubricates the joints with the help of hyaluronic acid, one of its primary components.\*

Perna also contains glycosaminoglycans—including chondroitin sulfate—which occur in connective tissues such as joint cartilage, tendons, ligaments, and synovial fluid. These all team up to support joint flexibility and range of motion.\* Keep your golf drive strong, your tennis swing in top form, and your knees working their best as you trek up that trail or conquer your daily jog.\*

### Stay Active Into Your Golden Years

Perna<sup>®</sup> Plus contains effective ingredients to help you to stay active, whether you want to keep up your exercise routine or simply play with your grandkids at the park.\* Glucosamine is a building block for connective tissue that helps support joint function—your joints also need glucosamine to make hyaluronic acid and chondroitin sulfate, which help keep joints comfortable.\*

Perna<sup>®</sup> Plus also includes MSM—a sulfur source needed to make collagen, another building block for healthy joints.\* DMG plays many roles in health, and has been featured in exciting research for its role in joint support.\* Manganese, an essential mineral, gives the body what it needs to make collagen and other substances critical to joint health.\*

### Perna<sup>®</sup> Plus is recommended for:\*

- Athletes\*
- Weekend warriors\*
- Staying active throughout your senior years\*
- Keeping joints flexible and comfortable\*
- Supporting connective tissue\*

**Suggested Use:** As a dietary supplement, take 2 tablets, 3 times daily with food for 2 to 4 weeks, then reduce to 2 tablets once or twice daily with food, or as directed by your healthcare practitioner.

## Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 45 or 90

Amount Per Serving	% Daily Value
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Manganese (Mn. Amino Acid Chelate) 10 mg	435%
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<i>Perna canaliculus</i> (Green-Lipped Mussel) 1,000 mg	*
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Glucosamine Sulfate (from Shrimp and Crab) 600 mg	*
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Methylsulfonylmethane 400 mg	*
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N,N-Dimethylglycine HCl (DMG) 200 mg	*
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\*Daily Value not established.

Other ingredients: microcrystalline cellulose, stearic acid, vegetable stearate, sodium carboxymethylcellulose, silicon dioxide, cinnamon (*Cinnamomum cassia*) oil, polyethylene glycol, methylcellulose, titanium dioxide.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.

GLUTEN FREE

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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