



Innovative by nature

PRIVATE LABEL

OUR BRAND OR YOURS.

PERNA®

Perna® is a dietary supplement to support proper connective tissue and joint functions.*

About Perna®

- Perna® is a *Perna canaliculus* (New Zealand Green-Lipped Mussel) supplement that provides key building blocks to support the structural integrity and maintenance of joints, ligaments, and tendons.*
- *Perna canaliculus* is an edible species of shellfish from New Zealand. Research over the past 20 years shows that the Perna mussel contains a combination of natural components that benefit joint dysfunction, which is not provided when these components are isolated.*

Perna is rich in:

- **Amino Acids** (essential and non-essential) to support the growth and development of all body tissues*
- **Branched-chain amino acids** (valine, isoleucine, and leucine) used to provide energy directly to muscle tissue*
- **Naturally chelated minerals** (for maximum bioavailability) to support the production of collagen, GAGs, proteoglycans, antioxidants, enzyme activity, and to support bone and skeletal health*
- **Omega 3, 6 and 9 fatty acids** to support joint health, immune system function, skin health, and to help regulate metabolic functions*
- **Naturally occurring glucosamine** to support the production of GAGs and integrity of the synovial fluid*
- **Chondroitin Sulfates** and proteins that work together to regulate the immune response and to neutralize the effects of destructive proteolytic enzymes*
- **Chondroitin Sulfates** to support comfort, improve joint lubrication, elasticity, and vasculature*
- **Hyaluronic Acid** to enhance the production of proteoglycans, support synovial fluid, lubricate connective tissue cells, and to function as a lubricant between the connective tissues of the skin to retain moisture*

Perna is recommended for:

- Supporting full range of motion*
- Joint flexibility*
- Joint lubrication*
- Joint discomfort*
- Strains*
- Sprains*

Supplement Facts


Serving Size: 2 Capsules

Amount Per Serving

Perna canaliculus (Green-Lipped Mussel)	1000 mg
Alfalfa Leaf	200 mg

Other Ingredients: gelatin, cinnamon oil.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

 **WARNING:** Consuming this product can expose you to chemicals including arsenic and lead, which are known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food

Suggested Use: As a dietary supplement, take 2 capsule with each meal until results occur, then reduce to 1 capsule with meals, 3 times daily, or as directed by your healthcare practitioner.

Sold Exclusively Through Health Care Practitioners

0200364.090 (90 Capsules)
0200364.180 (180 Capsules)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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