

# MEGA PROBIOTIC™ ND

## A Nondairy Probiotic Supplement to Support Digestive Tract Health\*

**Mega Probiotic™ ND is a non-dairy probiotic formulation produced from beneficial microorganisms and FOS to support digestive tract health.\***

### Mega Probiotic™ ND is:

- Guaranteed to contain 5 billion microorganisms per capsule with 8 different strains from non-dairy sources!
- Recommended for children, adults and the elderly

### Recommended For:

- Gastrointestinal and neurological support\*
- Individuals who are lactose intolerant\*
- Helping normalize digestion\*
- Supporting regularity\*

### About the Formula

- **Lactobacilli** (*L. acidophilus*, *L. rhamnosus*, *L. casei*) are located in the small intestine and produce lactic acid. Many strains of bacteria from the Lactobacillus family have been shown to promote regularity, support urogenital and vaginal health as well as produce the lactase enzyme and help protect the gut lining from unwanted materials.\*
- **Bifidobacteria** (*B. lactis*, *B. breve*, *B. longum*, *B. bifidum*) are located in the colon and produce lactic and acetic acids, making the gut a very inhospitable place for unwanted materials. Bifidobacteria have been shown to promote regularity.\*
- **Streptococcus thermophilus** is also a lactic acid producer which lines the gut wall to provide a barrier from unwanted materials, promotes regularity and produces the lactase enzyme.\*

- **Fructooligosaccharides** (FOS) are considered a soluble fiber and prebiotic, which supports the growth of beneficial microorganisms in the intestinal tract.\* FOS, as a fiber, increases the bulk in the gut to promote regularity.\*

**Suggested Use:** As a dietary supplement, follow the recommendations below or as directed by your healthcare practitioner.

**Initial:** Take amount below twice daily, after breakfast and after dinner.

Children age 4 and older: 1 capsule

Adult: 2 capsules

Senior: 3 capsules

**Maintenance:** Take the above amount once daily after breakfast.

## Supplement Facts

Serving Size 3 Capsules

Servings Per Container 40

Amount Per Serving	% Daily Value
Stabilized Nondairy Probiotic Complex 185.65 mg (15 billion CFU)	*
Fructooligosaccharides (FOS), <i>Lactobacillus acidophilus</i> (UALa-01™), <i>Bifidobacterium lactis</i> (UABla-12™), <i>Lactobacillus casei</i> (UALc-03™), <i>Streptococcus Thermophilus</i> (UAST-09™), <i>Bifidobacterium breve</i> (UABb-11™), <i>Lactobacillus rhamnosus</i> (UALrh-18™), <i>Bifidobacterium longum</i> (UABI-14™), <i>Bifidobacterium bifidum</i> (UABb-10™)	
*Daily Value not established.	

Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), ascorbyl palmitate.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.

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VEGETARIAN / GLUTEN FREE / NON-GMO

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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**WEB:** [www.davincilabs.com](http://www.davincilabs.com) **E-MAIL:** [info@davincilabs.com](mailto:info@davincilabs.com) **PHONE:** 1-800-325-1776 **FAX:** 1-802-878-0549

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