

PERNA[®] PRO

- **A dietary supplement to support proper joint and connective tissue functions.***
- **Perna[®] Pro** is an advanced joint and connective tissue formula that can be used as an alternative or in conjunction with other joint health programs.* It combines the powerful benefits of Perna, Glucosamine, Methylsulfonylmethane (MSM), Boswellic Acids and Manganese for a quicker response than would be seen if any nutrient was taken singularly.

About the Nutrients

- **Perna canaliculus** is an edible species of shellfish from New Zealand. It is rich in amino acids, polypeptides, naturally chelated minerals, fatty acids, vitamins and all classes of glycosaminoglycans including chondroitin sulfates and hyaluronic acid that occur in connective tissues such as joint cartilage, tendons, ligaments and synovial fluid. The naturally-occurring components in Perna support joint lubrication and flexibility, support joint comfort and improved range of motion.*
- **Glucosamine** is a fast acting nutritional building block for connective tissue. It is necessary for the production of hyaluronic acid and chondroitin sulfates which support joint comfort and mobility.*
- **MSM** is a source of sulfur, which the body needs in abundance for making collagen. It has been used historically to support joint comfort and circulation.*
- **Boswellic Acid** from *Boswellia serrata* helps to increase comfort, regulate the immune response, support structural integrity and function of joints, and supports the regulation of destructive mediators such as: proinflammatory prostaglandins, enzymes and free radicals.

- **Manganese** is an essential mineral necessary for the production of collagen, proteoglycans and glycosaminoglycans in the joints.*

Suggested Use: As a dietary supplement, take 2 capsules twice daily, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving	% Daily Value
Manganese (as Mn Citrate) 2.5 mg	109%
<i>Perna canaliculus</i> (Green-lipped Mussel) 750 mg	*
Glucosamine Sulfate Sodium 450 mg	*
Methylsulfonylmethane (MSM) 250 mg	*
5-LOXIN [®] <i>Boswellia serrata</i> (gum resin) Extract 50 mg yielding 3-acetyl-11-keto-betaboswellic acid (AKBA) 15 mg	*

*Daily Value not established.

Other ingredients: hypromellose (capsule), lemon juice powder, vegetarian leucine.

Contains: Crustacean shellfish (shrimp and crab).

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

GLUTEN FREE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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