

LIPOSOMAL DHEA

A dietary supplement to help maintain normal levels of the DHEA hormone*

DHEA is:

- Available in a convenient easy to use form.
- Made with soy free ingredients
- In a base with sunflower lecithin and natural grape flavor.

DHEA is an important adrenal hormone that supports healthy aging.* DHEA levels decline with age and adrenal stress.

DHEA supports immune system and thyroid function, as well as memory and energy function.*

About DHEA (Dehydroepiandrosterone)

- DHEA is a steroid hormone produced from cholesterol by the adrenal glands. It is the most abundant steroid in the bloodstream and is present at even higher levels in brain tissue.
- DHEA is a precursor to many steroid sex hormones, including estrogen and testosterone. With age, DHEA production declines, usually peaking between the ages of 25-30 and gradually falling to a decline of 90% by age 60.

How DHEA works

- DHEA seems to support IGF-1 levels (insulin growth factor) and support decreased levels of cortisol.* IGF-1 is the hormone, or growth stimulating metabolite, produced by the metabolism of Human Growth Hormone (HGH), and is responsible for the beneficial effects of elevated HGH. Cortisol is a stress hormone. With aging there is a decline in DHEA and an elevation of cortisol. High and prolonged levels of cortisol in the bloodstream (like those associated with stress) have been shown to have negative effects such as:
 - › Impaired cognitive performance and suppressed thyroid function
 - › Blood sugar imbalances
 - › Decreased bone density and a decrease in muscle tissue
 - › Higher blood pressure and lowered immunity
- Elevating DHEA levels is a way to help support healthy cortisol levels and improve IGF-1 production.*

Studies have shown that supplementing with DHEA may benefit:

- the immune system*
- blood sugar metabolism*
- brain and bone health*
- heart health*
- estrogen and testosterone levels*

Factors that contribute to low DHEA levels include:

- Aging, Sugar, Nicotine
- Caffeine, Alcohol, Nutritional imbalance
- A vegetarian diet low in cholesterol and healthy fats

Suggested Use: As a dietary supplement, Adults (18 years and over), take 0.25 ml (approximately ¼ of a dropper) or as directed by your healthcare practitioner. Shake very well before each use.

Supplement Facts

Serving Size 0.25 ml
Servings Per Container 120

Amount Per Serving	% Daily Value
DHEA	
(Dehydroepiandrosterone) 6.25 mg	*
Stevia Leaf Extract 0.5 mg	*

*Daily Value not established

Other Ingredients: glycerin, sunflower oil, ethyl alcohol, oleic acid polyglyceride, sunflower lecithin, natural grape flavor, xanthan gum, water, citric acid.

Warning: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING.

Consult a physician or licensed qualified healthcare professional before using this product if you have, or have a family history of, prostate cancer, prostate enlargement, heart disease, low "good" cholesterol (HDL), or if using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms. **KEEP OUT OF REACH OF CHILDREN. To report any adverse events call 1-800-332-1088.**

Caution: May interfere with birth control medications and devices.

VEGETARIAN / GLUTEN FREE /
MADE WITH SOY FREE INGREDIENTS

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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