

SLEEP COMPLETE

MADE WITH
**NON
GMO**
ingredients

Sleep Complete provides nutrient and botanical support for optimal sleep and healthy circadian rhythms.* This formula boasts clinically relevant levels of melatonin and direct support for the neurotransmitters associated with tranquility and relaxation.*

With just five simple ingredients, Sleep Complete provides multiple avenues for sleep support.

About the Ingredients:

Sensoril[®] Ashwagandha

In order to truly support long term balance of the sleep cycle, it is essential to support the circadian rhythm, which is accomplished effortlessly by the evidence-based Sensoril[®] Ashwagandha included in Sleep Complete.* This ingredient contains active constituents called glycowithanolides, which mimic certain corticosteroids, supporting healthy cortisol levels.*

Suntheanine[®] L-Theanine

Suntheanine[®] is 100% pure L-theanine in a patented, pharmaceutical grade form. L-theanine enables the body to produce other calming amino acids, such as dopamine, GABA and Tryptophan and helps support concentration, focus, deep muscle relaxation and improved quality sleep.*

Lemon Balm

Lemon balm has traditionally been used to not only support a healthy stress response, but also to promote healthy sleep habits.* This particular lemon balm extract is standardized to 6% rosmarinic acid and combines the power of herbals with an innovative bioassay-guided technology. In clinical research, lemon balm has been shown to support a calm, positive mood, memory, focus and learning. It supports levels of GABA through supporting normal GABA transaminase inhibition, acts as receptor agonists for Muscarinic M1, thereby exerting supportive effects on the CNS, and supports normal cortisol levels.*

GABA

GABA is one of the most abundant neurotransmitters in the CNS. As a supplement, it acts as a neurotransmitter to support normal nerve transmission and relaxation in the brain.*

Melatonin

Melatonin plays an important role in when we fall asleep and when we wake up. Darkness stimulates the release of melatonin and light suppresses its activity. Normal melatonin cycles are disrupted when we are exposed to excessive light in the evening or too little light during the daytime. Melatonin supports sleep onset, quality of sleep, increased Rapid

Eye Movement time, deep sleep and dreaming.* These changes demonstrate better quality sleep, which produces greater mental, physical and emotional rejuvenation.* Melatonin can decrease the amount of time required to fall asleep, increase the number of sleeping hours and support daytime alertness.* Melatonin may improve quality of life in those who suffer from insomnia.* Melatonin supports sleep quality to help balance sleep/wake cycles and maintain normal physical and mental health, including positive mood states.*

Suggested Use: As a dietary supplement, take 2 capsules before bedtime, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
GABA (Gamma-Aminobutyric Acid) 500 mg	*
Sensoril [®] Ashwagandha (<i>Withania somnifera</i>) Root and Leaf Extract 250 mg	*
<i>Melissa officinalis</i> (Lemon Balm Extract) 150 mg	*
L-Theanine (Suntheanine [®] Brand) 100 mg	*
Melatonin 5 mg	*

*Daily Value not established.

Other ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Caution: This product may cause drowsiness; use caution in operating automobiles and heavy machinery. Do not take with alcohol as drowsiness can increase. Discontinue use 2 weeks prior to surgery.

VEGETARIAN / GLUTEN FREE / SOY FREE

Sensoril[®]
vitalizing mind & body

Sensoril[®] is a trademark of Natreon, Inc. and is protected under U.S. Patents 6,153,198 and 7,318,938.

Suntheanine[®]

Suntheanine[®] is a registered trademark of Taiyo International, Inc.

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DAILY BEST[™] WOMEN

MADE WITH
**NON
GMO**
ingredients

Daily Best[™] Women is a comprehensive daily multiple vitamin/mineral supplement targeting the diverse needs unique to women.

This formula features the core Daily Best[™] vitamin/mineral and probiotic profile:

- Active forms of B6, B12 and Quatrefolic[®] ((6S)-5-methylfolate, glucosamine salt)
- The bioenhanced form of Vitamin C, Pureway C[®]
- Clinically validated form of Vitamin K2, MenaQ7[®]
- The most easily absorbed forms of Albion minerals
- Shelf stable probiotics for optimal digestive function

In addition, three key blends were included to provide unparalleled system specific support:

- **Eye Blend:** Comprised of *lutein*, *zeaxanthin* and *lycopene*, all necessary for long term eye health and to support the retina and macula when exposed to blue light emitting devices.*
- **Longevity Blend:** This powerhouse blend of *NAC*, *CoQ10*, *Alpha Lipoic Acid* and *Meriva[®] Curcumin Phytosome[™]* provides the foundational support for metabolic and neurological health as well as optimal detoxification.*
- **Women's Blend:** Women's bodies need balance to function properly and this blend, featuring *Chasteberry*, *Ashwagandha*, *Calcium d-glucarate*, *L-Theanine* and *Cranberry Extract* aims to provide all of the keys to balance female hormones, mood and the circadian rhythm.*

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

TRAACS[™] **MenaQ7[®]**
Vitamin K2 as MK-7

PureWay-C[®] **PHYTOSOME[®]**
MORE BIOAVAILABLE

MERIVA[®]

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Suggested Use: As a dietary supplement, take 3 capsules daily, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (as 50% Retinyl Palmitate & 50% Beta Carotene) 1,050 mcg	117%
Vitamin C (as Pureway C [®]) 150 mg	167%
Vitamin D3 (as Cholecalciferol) 25 mcg (1,000 IU)	125%
Vitamin E (as d-alpha Tocopheryl Succinate) 20.1 mg	134%
Vitamin K2 (as MenaQ7 [®]) 80 mcg	67%
Thiamin (as Thiamin HCl) 5 mg	417%
Riboflavin (as Riboflavin 5-Phosphate) 3.5 mg	269%
Niacin (as Niacinamide) 20 mg	125%
Vitamin B6 (as Pyridoxal-5-Phosphate) 5 mg	294%
Folate (as as L-Methyltetrahydrofolate Calcium) 400 mcg DFE	100%
Vitamin B12 (as Methylcobalamin) 500 mcg	20,833%
Biotin 300 mcg	1,000%
Pantothenic Acid (as Ca d-Pantothenate) 10 mg	200%
Choline (as Choline Bitartrate) 25 mg	5%
Calcium (as Di-Calcium Malate) (DimaCal [™]) 50 mg	4%
Iodine (as Potassium Iodide) 150 mcg	100%
Iron (as Ferrous Bisglycinate Chelate) (Ferrochel [™]) 18 mg	100%
Magnesium (as Di-Magnesium Malate) (Albion [™]) 50 mg	12%
Zinc (as Zinc Citrate) 25 mg	227%
Selenium (as Selenomethionine) 50 mcg	91%
Manganese (as Mn Citrate) 2 mg	87%
Chromium (as Cr Polynicotinate) 200 mcg	571%
Molybdenum (as Molybdenum Glycinate Chelate) (TRAACS [™]) 75 mcg	167%
Inositol 25 mg	*
Daily Best [™] Eye Blend	
Lutein 3 mg	*
Lycopene 500 mcg	*
Zeaxanthin 500 mcg	*
Daily Best [™] Longevity Blend	
N-Acetyl Cysteine 100 mg	*
Coenzyme Q10 50 mg	*
Alpha Lipoic Acid 50 mg	*
Meriva [®] (Curcuma longa root extract/Phosphatidylcholine complex) 50 mg	*
Daily Best [™] Women's Blend	
Chasteberry (Vitex angus castus) 4:1 extract 150 mg	*
Ashwagandha (Withania somnifera) Leaf & Root Extract 125 mg	*
yielding withanolides 3.125 mg	*
Calcium d-glucarate 125 mg	*
L-Theanine 100 mg	*
Cranberry (Vaccinium macrocarpon) Fruit Extract 75 mg	*
yielding Quinic Acid 4.5 mg	*
Bacillus coagulans 100 mg	*

*Daily Value not established.

Other Ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.

VEGETARIAN / GLUTEN FREE

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MEGA PROBIOTIC[™] FOR HER

MADE WITH
**NON
GMO**
ingredients

All the probiotics she needs in one capsule.

- 25 Billion CFU/10 Proven Strains
- Made to support common feminine issues with yeast and vaginal pH levels*
- Designed to help balance both the vaginal and urinary tract flora*
- Multi-species, multi-strain formula also provides complete digestive and immune support*

Generally, probiotics are thought of as supporting a well-functioning digestive system and immune system.* Lesser known is that they are integral in supporting vaginal health.* The vaginal environment is a complex system that requires a delicate balance to maintain overall health and, equally important, comfort. That is why DaVinci Laboratories formulated a multi-species, multi-strain probiotic to mirror the diversity of flora necessary to maintain this balance.* Women are getting a formula that specifically delivers support throughout their digestive system, support to their immune system and balance to their vaginal flora.*

Delivering Balance and Comfort*

The probiotic combinations found in Mega Probiotic[™] For Her have proven to strike the ideal balance between beneficial bacteria and yeast.* Studies with these strains consistently show a clinically significant reduction in yeast and coliforms in the probiotic group as compared to placebo.*

One of the most common sources of discomfort in the female urinary tract is a result of an imbalance and/or lack of *Lactobacillus* bacteria, which accounts for 90-95% of the beneficial bacterial count in the genitourinary tract in healthy women. Women can be confident taking this formula as it boasts 8 clinically researched *Lactobacillus* strains aimed at providing complete support to the urinary tract.*

Withstanding Challenges, Surviving the Journey

Typically, the conditions in the upper digestive system degrade beneficial bacteria and render them useless. However, the specific strains found in this formula, when challenged in both the acid and bile conditions, were proven to consistently show a 'very high' to 'extremely high' rate of survival - meaning these strains survive the harsh environment of the gut and reach the desired destination of the small and large intestines.

Suggested Use: As a dietary supplement, take 1 capsule daily before or during meals, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 30

Amount Per Serving	% Daily Value
Stabilized Nondairy Probiotic Complex 128 mg *	
(25 Billion CFU)	
<i>Lactobacillus acidophilus</i> , <i>Lactobacillus plantarum</i> , <i>Lactobacillus reuteri</i> , <i>Lactobacillus crispatus</i> , <i>Bifidobacterium lactis</i> , <i>Lactobacillus gasseri</i> , <i>Lactobacillus paracasei</i> , <i>Lactobacillus rhamnosus</i> , <i>Lactobacillus brevis</i> , <i>Bifidobacterium longum</i>	

*Daily Value not established.

Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), silica, vegetable stearate.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

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