

CAL-MAG CITRATE POWDER

Maximum Support for Bone Function and Overall Health*

- Supports optimal bone health and bone density*
- Promotes immune health*
- Enhances cardiovascular health*
- Nutrition for nerves and muscles*
- Encourages calm and relaxation in adults and children*
- Optimizes brain function*

Cal-Mag Citrate Powder is your solution for multisystem nutrient support.* As an all-around supplement, Cal-Mag Citrate provides support to the musculoskeletal, immune, nervous, and cardiovascular systems.* Calcium and magnesium in a 2-to-1 ratio are important for neurological and nervous system development, but also help with keeping you calm and relaxed.* This bioavailable formulation also includes vitamin D, which enhances calcium and magnesium absorption, promotes bone health, and provides immune support.* Convenient and easy to add to a cold beverage, DaVinci[®] Laboratories' Cal-Mag Citrate Powder is a great way to support strong bones, muscle function, relaxation, and brain health.*

Improve Bone Density*

Calcium and magnesium are the primary nutrients that help keep bones strong and healthy. When paired with vitamin D, these nutrients are brought to their full potential. Vitamin D helps to get calcium into the body for strong bones. Meanwhile, magnesium aids in the transport of calcium into the bones. Cal-Mag Citrate Powder takes the guesswork out of balancing nutrient ratios, so you can take your bone health supplement and go.*

Enjoy Comfortable, Relaxed Muscles and Nerves*

Cal-Mag Citrate Powder supports healthy muscles, nerves, and cognition.* Calcium is necessary for nerve and muscle function. Low calcium levels may show up as muscle twitching or cramps, poor sleep, and nervousness. Magnesium relaxes muscles and helps ease tension and discomfort. It is often used to mentally calm down and get a good night's rest. In the brain, magnesium can help with memory, learning, and development in children and adults. Magnesium is also important for a strong heart. Vitamin D not only helps with absorption of calcium and magnesium, but also supports the immune system and may be useful in managing mood.

Cal-Mag Citrate Powder is recommended for:

- People at risk for brittle or weak bones*
- Aging/older adults*
- Growing adolescents*
- Postmenopausal women*
- Supporting bone health*
- Improved sleep, mood, and cognition*
- Muscle and nerve health*

Suggested Use: As a dietary supplement, mix amount below in a cold beverage, or as directed by your healthcare practitioner.

Children 4 and up: 2.74 g (Approximately ½ scoop) daily.

Adults: 5.47 g (Approximately 1 scoop) daily.

Supplement Facts

Serving Size 1 Scoop (5.47 g)

Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin D2 (as Ergocalciferol) 2.5 mcg (100 IU)	13%
Calcium (as Calcium Citrate) 600 mg	46%
Magnesium (as Magnesium Citrate) 300 mg	71%

Other ingredients: none.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

VEGETARIAN / GLUTEN FREE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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WEB: www.davincilabs.com **E-MAIL:** info@davincilabs.com **PHONE:** 1-800-325-1776 **FAX:** 1-802-878-0549

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