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by nature

PRIVATE LABEL

OUR BRAND OR YOURS.

SPECTRA™ W/O COPPER & IRON

Spectra™ w/o Copper & Iron is a high potency, well balanced, vitamin mineral supplement for adults ages 17 and older.

Spectra™ w/o Copper & Iron delivers 53 nutrients that take the guess work out of daily supplementation.

Important features include:

- **A balanced B Complex** including 2 forms of vitamin B6 to help manage stress, support immune system function, help reduce irritability, support circulation, help maintain blood pressure within normal ranges, and preserve proper cholesterol and homocysteine levels.*
- **Antioxidants** like Beta-carotene, mixed citrus bioflavonoids, Vitamin C, Vitamin E and the mineral selenium to support immune system response*
- **Amino Acids** like L-Glutamine, DL-Methionine, L-Aspartic Acid, and L-Cysteine for mental and physical energy*
- **Linoleic acid** (omega 6 fatty acid) to support cell membrane health.*
- **Natural Vitamin E** in its most active form.
- **Octacosanol** to benefit nerve health and support increased stamina, endurance and strength.*
- **Vegetarian digestive enzymes** to aid the body in digesting and absorbing food nutrients that are not easily assimilated, and to enhance the absorption and utilization of all the nutrients contained within the formula.*
- **Vitamin C** in the Ascorbate form for immediate assimilation and to prevent stomach irritation.*

Supplement Facts

Serving Size: 2 Tablets

Amount Per Serving

Vitamin A (2,000 IU as Vitamin A Acetate and 7,500 IU as Beta Carotene)	9,500 IU
Vitamin C (as Ascorbic Acid & Ca Ascorbate)	500 mg
Vitamin D3 (as Cholecalciferol)	200 IU
Vitamin E (as d-alpha Tocopheryl Succinate)	200 IU
Vitamin K1 (as Phytonadione)	2.5 mcg
Thiamin (Vitamin B1)	35 mg
Riboflavin (Vitamin B2)	35 mg
Niacin (as Niacinamide & Niacin)	35 mg
Vitamin B6 (as Pyridoxine HCl)	35 mg
Folic Acid	200 mcg
Vitamin B12 (as Cyanocobalamin)	35 mcg
Biotin	150 mcg
Pantothenic Acid (as Ca Pantothenate)	35 mg
Calcium (as DCP, Ca Carbonate & Ca Ascorbate)	300 mg
Phosphorus (as Dicalcium Phosphate)	180 mg
Iodine (from Kelp)	35 mcg
Magnesium (as Mg Oxide)	180 mg
Zinc (as Zn Gluconate)	10 mg
Selenium (as Se AAC)	25 mcg
Manganese (as Mn Gluconate)	2.5 mg
Chromium (as Cr Polynicotinate)†	25 mcg
Molybdenum (as Mo AAC)	25 mcg

Potassium (as K Citrate)	25 mg
Boron (as B AAC)	0.5 mg
Nickel (as Ni AAC)	0.25 mcg
Silicon (from Horsetail Rush)	3 mg
Vanadium (as V Sulfate)	10 mcg
Choline (as Choline Citrate)	35 mg
Inositol	35 mg
PABA (Para-aminobenzoic Acid)	35 mg
L-Cysteine	50 mg
L-Glutamine	50 mg
DL-Methionine	50 mg
L-Aspartic Acid	75 mg
Octacosanol (from sugar cane)	500 mcg
Soy Lecithin	50 mg
Linoleic Acid	50 mg
RNA (Ribonucleic Acid)	5 mg
Mixed Citrus Bioflavonoids	100 mg
Hesperidin	12.5 mg
Rutin	12.5 mg
Pectin	12.5 mg
Betaine HCl	10 mg
Bromelain	2 mg
Papain	2 mg
Cellulase Enzymes	2 mg
A proprietary blend of vegetarian enzymes (amylase, protease, lipase, hemicellulase, and lactase)	8 mg

†ChromeMate® brand niacin-bound chromium.
Other ingredients: stearic acid, cellulose, vegetable stearate, silica, pharmaceutical glaze.

Contains: Soy.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Note: If you are a woman who wants a multiple without Vitamin A, ask about Spectra™ Woman, a formula designed exclusively for women of childbearing years.

Suggested Use: As a dietary supplement, take 2 tablets with breakfast and 2 tablets with lunch, or as directed by your healthcare practitioner.

ChromeMate® is a Registered Trademark of InterHealth N.I.



Sold Exclusively Through Healthcare Practitioners.

0200193.120 (120 Tablets)
0200193.240 (240 Tablets)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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