

METABOLIC OVARY SUPPORT*

A dietary supplement to support healthy ovarian function and metabolism*

Metabolic Ovary Support* is a dietary supplement that supports:

- Ovarian Health*
- Insulin Sensitivity*
- Lipid Metabolism*
- Antioxidant Levels*

Ovarian health is more of a focus than ever and the need for a complete formula is greater than ever. This comprehensive formula features the most notable nutritional ingredients to support the structure and physiology associated with the ovaries, metabolism (both glucose and lipid) as well as supporting healthy magnesium levels. This great tasting powder represents the gold standard in foundational ovary support.*

INOSITOL & CHROMIUM

Inositol has a very specific mechanism at play relative to ovary health, involving the physiology of insulin. Insulin receptors are present on every cell wall and operate as a lock and key. If insulin is not binding effectively to the receptor, the body's feedback loop stimulates the production of more insulin. The body is then flooded with insulin leading, ultimately, to insulin resistance. Inositol supports the binding of insulin to the receptor, thus regulating this aspect of metabolism. The level of insulin in the blood serves to dictate the level of testosterone in the blood. Where inositol provides a more structural impact on insulin, chromium supports effective signaling of insulin, specifically by mediating insulin potentiating activity.*

N-ACETYL CYSTEINE

N-Acetyl Cysteine serves as the primary precursor to one of the most powerful free-radical fighters in the body, glutathione. Oxidative stress, from a myriad of sources, can impact the body's ability to metabolize insulin as well. This oxidative influence on hormones can have a similar result with an increase in testosterone levels and further impair ovarian health.*

CurcuWIN® TURMERIC

Curcumin continues to demonstrate its powerhouse capabilities on various systems in the body. Like NAC, we're looking at the free-radical fighting capacity of this botanical extract as well as its ability to support liver function, which has a direct link to insulin metabolism. One issue with curcumin, though, is the difficulty for the human body to absorb it. That drove the decision to include CurcuWIN®, widely considered the most bioavailable curcumin available. In a well-controlled human trial, CurcuWIN® was found to demonstrate 46-times the bioavailability as compared to standard curcumin ingredients on the market.*

COENZYME Q10

Coenzyme Q10 is largely known for its cardiovascular support capabilities but in 2017, CoQ10 was the focus of a study that involved ovarian health specifically. The study concluded that in patients that demonstrated ovarian challenges, CoQ10 worked effectively to support glucose metabolism and healthy serum levels of total and LDL cholesterol.*

MAGNESIUM

Magnesium is a crucial component of effective ovary support because of its broad physiological impact. Magnesium is key for glucose metabolism, supporting the brain and mood, providing the nourishment for a healthy heart and is one of the predominant nutrients to support healthy sleep cycles. Like curcumin, magnesium has various forms, some of which are more difficult to absorb. Metabolic Ovary Support* features what is widely considered the most bioavailable, most absorbable form, Di-Magnesium Malate, produced by the world's leading mineral supplier, Albion.*

Suggested Use: As a dietary supplement, mix 1 level scoop with 10-12 oz of water and take once daily, or as directed by your healthcare practitioner.

Supplement Facts	
Serving Size 6.3 g (approx. 1 scoop) Servings Per Container 30	
Amount Per Serving	% Daily Value
Calories 20	
Total Carbohydrates 5 g	2%†
Magnesium (as Di-Magnesium Malate) (Albion™) 250 mg	60%
Chromium (as Cr Polynicotinate) [^] 250 mcg	714%
Myo-Inositol 2,000 mg	*
N-Acetyl Cysteine 500 mg	*
CurcuWIN® Turmeric (<i>Curcuma longa</i>) Root Extract 250 mg	*
yielding curcuminoids 50 mg	*
Coenzyme Q10 100 mg	*
Stevia Leaf Extract 150 mg	*

†Percent Daily Values are based on a 2,000-calorie diet.
*Daily Value not established.

Other Ingredients: citric acid, organic rice syrup solids, silica, natural orange flavor, natural grapefruit flavor.
[^]ChromeMate® brand niacin-bound chromium.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Caution: Discontinue use 2 weeks prior to surgery.

CurcuWIN® is a trademark of OmniActive Health Technologies Ltd.

ChromeMate® is a Registered Trademark of InterHealth N.I.

Albion® is a registered trademark of Albion Laboratories Inc. U.S. Patent 6,706,904



VEGETARIAN / GLUTEN FREE / SOY FREE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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