

CHEWABLE B12-MC

Active B12 + Folic Acid for a Healthy Heart, Mood, Methylation, and More*

- Supports circulation and cardio health*
- Helps maintain normal homocysteine*
- Calms mood and promotes sleep*
- Helps maintain nerve health*
- Promotes fat-burning and a balanced appetite*
- Supports healthy blood sugar*
- Soothes the stomach during weight management*
- Contains the active form of B12*

Vitamin B12 and folic acid are important for proper circulatory function, maintaining blood pressure within normal ranges, and preserving proper cholesterol and homocysteine levels as well as supporting healthy blood sugar and fat-burning.* They're also critical for nerve health and methylation.* Yet, not everybody receives enough of these nutrients through diet alone. For example, since vitamin B12 is found in meat, it's often deficient in vegetarians. DaVinci[®] Laboratories has formulated Chewable B12-MC, a great-tasting, fruit-flavored, easily absorbed chewable vitamin B12 that includes 100 mcg folic acid to ensure you're well-nourished with these important methylation vitamins.* Because folic acid is more bioavailable than folate naturally found in food, this chewable yields 166.7 mcg dietary folate equivalents (DFEs).*

Helps Keep Your Cardiovascular System Strong*

Folic acid and vitamin B12 are needed for the formation of red blood cells to help support capillary blood flow.* They're necessary to turn homocysteine into methionine, which allows the body to properly control homocysteine.* Balanced homocysteine levels are linked to cardiovascular support, including maintaining cholesterol in the normal ranges.*

Helps Maintain Healthy Methylation*

Methylation is like a switch that turns genes on or off. Vitamin B12 and folic acid play a role in keeping methylation working like it's supposed to do.* Restoring optimal methylation can lead to calm behavior, a happy mood, optimizing the body's natural detoxification pathways, and a healthy heart, to name a few benefits.*

Promotes Restful Sleep and Calms Moods*

Vitamin B12 supports sleep patterns, allowing for more restful sleep.* Like vitamin B12, folic acid may help soothe fluctuating moods and occasional stress.*

Supports Healthy Blood Sugar and Helps Control Cravings*

Vitamin B12 can help maintain healthy blood glucose metabolism.* In doing so, it can support feelings of fullness after meals and get rid of carb cravings.*

Contains the Active Form of Vitamin B12*

Methylcobalamin is the active form of B12. In fact, 80% of vitamin B12 in plasma is in the methylcobalamin form. That means Chewable B12-MC will go right to work supporting heart health, encouraging restful sleep, and promoting your methylation pathways.*

Other B12 Benefits*

Among its other benefits, vitamin B12 supports nerve health by maintaining the fatty sheaths that protect nerve endings.* Vitamin B12 also may soothe the stomach during pharmaceutical strategies for GLP-1 support.*

Chewable B12-MC is recommended for*:

- Circulatory and heart health*
- Balanced homocysteine levels *
- Vitamin B12 deficiency*
- Better metabolism and fat reduction*
- Nutritional support for vegetarian and vegan diets*
- Cognitive function*
- Nerve health*
- People who don't like swallowing pills*
- Gastrointestinal support during weight management*

Suggested Use: As a dietary supplement, chew 1 tablet daily, or as directed by your healthcare practitioner.

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 100

Amount Per Serving	% Daily Value
Folate 166.7 mcg DFE (100 mcg Folic Acid)	42%
Vitamin B12 (Methylcobalamin) 1,000 mcg	41,667%

Other ingredients: sorbitol, microcrystalline cellulose, stearic acid, vegetable stearate, natural apricot flavor, natural cherry flavor, silica.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

VEGETARIAN / GLUTEN FREE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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